

**CUHK Convocation Study Improvement Awards 2018/19**  
**香港中文大學校友評議會學業進步獎 2018/19**

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In the first year, after I had declared the major of Chemistry in October, I became lazier than before. I put less efforts and spent less time on the academics. I spent much time on entertainments and the part time job in the first semester. At last I did not have enough time on revision. Therefore, I got a very low marks in the examinations in the first semester.

Also, in the first year of university, I could not adapt to the school life well. In high school, I could ask for help from my classmates and teachers but in the university, I became passive on the courses because of the unfamiliar classmates and teachers. When there were some confusions about the lessons, I did not ask any questions nor try to find the answer myself. Then, my confusion about the new knowledges was piled up and finally I could not understand well the topics that I learnt in the lessons.

After I had got a low GPA result in the first semester, I did a great review on it and I decided to have a great change and improvement on my attitude about the studies in university.

First, I became more active on studies. When I got some questions about the lessons, I found the answers in different ways by myself. For example, I would borrow some test books or read some reference books in the libraries. Also, I would ask the professors about the questions I had. It helped to clear my confusions about the new knowledge.

Second, I would set a stable revision time every day. I would avoid revising the test contents in the last few days before the examinations and I would have more time to prepare my examinations. Also, I would finish all the assignments as soon as possible when I got free time. It could help me to get revisions about the lessons and find out some misunderstandings about the lessons earlier. It could also prevent the accumulation of the assignments in the future.

At last, I had a deep gratitude to CUHK convocation. It was a great encouragement and endorsement for the improvements on my academics. In the following academic years, although the knowledge I have to learn will be more difficult and the academic burden on me will be heavier, I will try my best to progress on my studies.

**Photo 1 (Please insert your photo here.)**

照片一 (請貼上您的照片)



**Caption 1 (Please use 1-2 sentences to describe the photo.)**

請用一至兩句句子描述以上照片

Science Centre is a place where I usually take the lectures and the laboratory practices.

**Photo 2 (Please insert your photo here.)**

照片二 (請貼上您的照片)



**Caption 2 (Please use 1-2 sentences to describe the photo.)**

請用一至兩句句子描述以上照片

Usually, after I finish the lessons, I would go to the library to read some test books. It helps me to have a revision about the lessons take on that day.