

**CUHK Convocation Study Improvement Awards 2019/20**  
**香港中文大學校友評議會學業進步獎 2019/20**

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Medical education is split into pre-clinical and clinical components, 3 years each in our school's 6-year programme, excluding direct-entry students. Pre-clinical years serve to consolidate our understanding of the fundamental principles of health sciences, learning the physiology and anatomy of the normal human body, and completing general/college education requirements. Everyone entered medical school with top-notch scores in public examinations, so there was no shortage of learning talents. Unlike the majority of my peers, I was (and still am) particularly weak in cramming books effectively, whereas I enjoy taking my time doing assignments. Meanwhile, I spent most of my time developing my interests in University life as a whole: taking/sitting in course from other Faculties, leading/participating in student activities, volunteering, doing part-times and so on. As a result, I performed poorly in my major-required health science-related courses, but was fortunate enough to receive a scholarship for my performance in general education.

Then came a shift of mindset in clinical years, where we were to navigate through the patient's abnormal experience and make sense of the presenting evidence. Our mode of learning also changed from classroom-based to predominantly experiential. Being able to directly interact with patients and practitioners in the field has unquestionably allowed me to better appreciate the art and science of medicine. I started feeling less estranged by the sheer amount of knowledge, developing rather personal connections with each and every case I saw. Another significant drive that has intensified as I progressed through clinical years was my impending graduation. Meeting seniors at wards who have now become housemen/medical officers, I simply could not help but wonder this will be me in a few years' time, questioning whether I possess sufficient knowledge and skills to take care of the patients I clerked. Such ever-growing sense of responsibility has motivated me to work harder and harder, also refreshing my aspirations upon entering medical school. The process of acquiring the sea of knowledge was inevitably grueling, but I was privileged to have the most amazing teachers and classmates alongside me, as well as patients benevolent enough to share with me their narratives.

Finally, I would like to take this opportunity to also express my gratitude to CUHK Convocation. The Award money does help alleviate the financial burdens my family has been going through. I am honoured to receive this Award as a recognition of my hard work. Thank you.



We attend clinical activities in ward groups. Super honoured to have shared my ups and downs with these lovely people. This picture was taken during our Paediatrics rotation at Tai Po Hospital, in frame is also Dr Vinson Cheng, whom we all envy for looking ever so young! (I'm the one holding the phone to the far left)



Our intrinsic goofiness just comes oozing out when we finally get a break.  
(I'm the one to the far right)