

CUHK Convocation Study Improvement Awards 2015/16
香港中文大學校友評議會學業進步獎 2015/16

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Major 主修	Liberal Studies

It is with deepest gratitude that I express my sincere appreciation for being selected as a recipient of the CUHK Convocation Study Improvement Award 2015/16. The appreciation that I feel towards CUHK Convocation is beyond words.

This award means a lot to me. I wish to express the immense gratitude to my mentors from Liberal Studies as well. Without their great support, I would not move forward with my personal attributes and contribute them to the reality. I am passionate about teaching. To my mind, teaching is about lighting the candle and more importantly it is meant to create the sparkling moment. From daring dreaming, chasing the dream to making it happen with confronting obstacles in the reality, I reckon that this dauntless attitude has cultivated me to become a reflective practitioner.

Decision-making can be difficult and often results in necessary trade-offs in the process of pursuing my passions. Doubts will inevitably creep in when I am chasing my dreams. This was particularly significant as I had been a member of Student Residents' Associations and also Hong Kong Repertory Theatre. There are actually several ways to tackle this problem.

Before throwing myself into multitasking, I would develop a schedule of classes, assignments and other key dates, and then stick on it. It definitely enhances my efficiency and performances in the way of being more concentrated and better time management. The more comprehensive the schedule is, the more efficient my multitasking skills can be. Moreover, taking adequate rest is a must. Studying for 5 hours at a time with no breaks is not feasible for me. For me, I will divide study period into segments that is rational and workable for most people. Also, the point is to find an incentive such as grabbing some snacks and refreshment is usually more sustainable and enjoyable.

At last, I would like to express my sincere gratitude again for the CUHK Convocation by

awarding me with the CUHK Convocation Study Improvement Award. This has mitigated my financial burden which allows me to concentrate more on the aspects of learning. Also, I firmly believe that I owe this honor to the nurturing and supports from my family. I hope one day I will be able to help students achieve their goals just as you have helped me.

Photo 1



Education is all about change. During LSED courses, I have life encounters with mentors.

Photo 2



Moment in my first teaching practice.