

CUHK Convocation Study Improvement Awards 2021/22
香港中文大學校友評議會學業進步獎 2021/22

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Major 主修	Chinese Studies
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First of all, I would like to express my greatest gratitude to CUHK Convocation for granting me the award. It was a honoured recognition to my study improvement in these two years. I believe this award has been very meaningful to many other previous recipients, and surely to me as well. With the award, we are encouraged to strive for better performance.

I am currently a year-2 student in CUHK. However, I did not attain good results when I was a freshmen. The COVID pandemic has totally ruined my university life. Being longed for orientation camps, university courses and hall lifes, I was very disappointed. There is no face-to-face teachings and activities in my first semester in Year 1. I was not used to the university mode of teaching as we could only get everything started on the internet. When I encountered difficulties, I did not know who I could turn to. For example, when I had difficulties in studying, I did not know whom to ask. Also, under this situation, the bridging between secondary school and university seem to be disappeared. There are many things for a freshmen to learn, such as registering courses, using CUHK emails, but I was still unable to master it in the middle of the semester. As a result, I felt like lacking behind and isolated from my peers. My academic performance was not as good as expected, as well as the social relationship. I could hardly make any new friends during my first year of study. Seeing my classmates having remarkable achievements, I gave up myself in studying. Besides, the unstable connection at home has worsen my learning situation, resulting in poor academic results.

However, every cloud has a silver lining. Things started to improve in the next semester. Seeing my unsatisfactory results, my college and department has approached me for further communication. They are truly unserstanding and offering a lot of help to me. For example, they provided mental relief and acadmic suggestions. I became more delighted and got onto the right track. I have better planning on my academic study and become more serious. I would better prepare myself with the lecture materials and actively participate in class. Then I found the enthusiasm in learning. Also, the assignments and paper no longer tortured me. When I have difficulties in the course requirements, I now know where and how to solve the problems by myself. I was not as helpless and desperate as before. I could send e-mail to the professors and teaching assistants for advice. I could also try to make more friends during group work in class, who gave me support when I need help. I started to get used to the university life, balancing the learning and leisure time. On one hand I was capable of my study, and on the other I could experience the fun in university.

All in all, I hope my study experiences could inspire you to strive for better performance in the future. Academic results does not mean everything. An ideal university life should be work-life balance, achieving good results and personnel at the same time. All roads lead to Rome. There is always a way out for your difficulties.



I joined the water sports day camp organized by the Office of Student Affairs in October 2021. I was having Stand Up Paddle.



I was doing voluntary service in a church in Yuen Long in 2021 summer. It was a voluntary education program organized by ChungChiTheSuns.